

## A personal invitation



Michaella welcomes you to her first belly dance festival.

"I'm really thrilled to be able to invite you to join us at my first belly dance festival, bringing together leading teachers and performers from around the world. It's been my vision for a while to find the right platform to express what belly dance and its related disciplines have to teach.

"For me, belly dance is a holistic thing. Sure, it's a performance art, but it's also about healing. It helps us connect with ourselves, with other people on this earth and with the universal feminine. It's pure light. For a woman, belly dance is the ultimate high.

"Here you will learn how to dance to the drum, how to use the cane, about tribal fusion, therapeutic belly dance and hear the story of belly dance. Or simply enjoy the evening performances when we will show our art."

# Michaella

Web: [www.michaellabellydance.co.uk](http://www.michaellabellydance.co.uk)  
 Email: [info@michaellabellydance.co.uk](mailto:info@michaellabellydance.co.uk)  
 Tel: 07944 359 072 (please call only if necessary)

Michaella Bellydance Productions presents London Belly Dance Festival Cockpit Theatre, London NW8		
DAY ONE - Saturday 12 April 2008		
Doors open at 9.30am	Theatre	Studio with mirror
10:30am - 11:30am	<b>Children's Workshop</b> (Age 5-12) <b>Lillee</b> 1A	<b>Mothers' Workshop</b> Baladi for beginners <b>Vashti</b> 2B
11:30am - 1:30pm	<b>Wings of Isis Workshop</b> Mixed Level <b>Michaella</b> 3C	<b>Neighbourhood Baladi Workshop</b> All Levels <b>Fifi Ness</b> 4D
1:30pm - 2:30pm LUNCH BREAK		
2:30pm - 4:30pm	<b>Live Drum Workshop For Musicians</b> Beginners only Men & women welcome <b>Aly</b> 5C	<b>Chanting Workshop</b> Women only <b>Natacha Atlas</b> 2:30pm - 4:00pm 6D
4:30pm - 5:30pm	Free Time	<b>Genres in Middle Eastern Dance</b> Mixed Level (1 year minimum) Men welcome <b>Fifi Ness</b> 4:00pm - 7:00pm 7D
5:30pm - 6:00pm		
6:00pm - 7:00pm	<b>Lecture: History of Oriental Dance</b> With film from 1893 to the present day <b>Vashti</b> Free	
7:00pm - 7:30pm		
8:00pm - 10:00pm with interval LIVE PERFORMANCE <b>Michaella's Promise</b> <b>Michaella on stage with BOSforUS</b>		

♦ The Event Organiser reserves the right to make alterations to the advertised arrangements or featured artists.

Michaella Bellydance Productions presents London Belly Dance Festival Cockpit Theatre, London NW8		
DAY ONE - Workshops		
<b>1A Children's Belly Dance Workshop (1hr) Lillee</b> This workshop aims to create a space for children to connect to their self and their peers through the belly, dance and music. It promotes self-confidence, a sense of being grounded in the body and a sense of fun.		
<b>2B Mothers' Workshop: Baladi for Beginners (1hr) Vashti</b> An introduction to the traditional and most loved of Egyptian dances, using improvisation and interpretation of the music.		
<b>3C Wings of Isis (2hrs) Michaella</b> Learn how to use and dance with the <i>Wings of Isis</i> - a beautiful kind of veil that fits on the dancer's neck. Wings will be available for sale in the Bazaar. Isis, the Egyptian winged goddess, embodies the strengths of the feminine, feeling in relationships, creation, sustenance and protection.		
<b>4D Neighbourhood Baladi Workshop (2hrs) Fifi Ness</b> Fifi will tell of the everyday life of the Cairo neighbourhoods; of Mohamed Ali Street, the Shubra neighbourhood where the singer Hakim grew up and more... You will learn about body language, facial expressions from sorrow to happiness and the different kind of walks; and about dance accessories that enhance facial expression, while exploring specifically related Arabic words in the music.		
<b>5C Live Drum Workshop for Musicians (2hrs) Aly</b> A class with live drum for beginners to learn the basic techniques of the drum and the fundamental rhythms of percussion. Please bring your own drum.		
<b>6D Chanting Workshop (1 1/2 hrs) Natacha Atlas</b> Natacha will teach dancers and non-dancers to use their voices with her music. Experience in dance not needed.		
<b>7D Genres in Middle Eastern Dance (3hrs) Fifi Ness</b> An introduction to baladi dances of Egypt and the Middle East, such as the Hagala dance, the Saidi, the Zar, the Tunisian, the Moroccan and the Lebanese. We will learn about the specific dance accessories and the characteristic moves and combinations. The workshop is experimental, intimate and aims to integrate the joy of dance and authentic folklore.		

♦ 'Mixed Level' means a minimum of one year's experience.  
 ♦ 'All Levels' includes complete beginners.

Michaella Bellydance Productions presents London Belly Dance Festival Cockpit Theatre, London NW8		
DAY TWO - Sunday 13 April 2008		
Doors open at 9.30am	Theatre	Studio with mirror
10:30am - 12:30am	<b>Dancing the Chakras</b> All Levels <b>Lillee</b> 8C	<b>Tribal Fusion</b> All Levels <b>Storm</b> 9C
12:30pm - 1:30pm LUNCH BREAK		
1:30pm - 3:30pm	<b>Drum Workshop For Musicians</b> All Levels <b>Aly</b> Men & women welcome 10C	<b>Veil Workshop</b> Mixed Level <b>Fifi Ness</b> 11D
3:30pm - 5:30pm	<b>Choreography Workshop</b> With Natacha's Music All Levels (some basic knowledge helpful) Men welcome <b>Natacha Atlas</b> 12D	<b>Drum Solo Workshop</b> Improvers/ Intermediate/ Advanced Men welcome <b>Michaella &amp; Aly</b> 13C
5:30pm - 7:00pm	<b>Lecture: Dances of the Orient</b> Including North Africa, Iran, Egypt, Turkey & the Gulf <b>Vashti</b> Free	<b>Egyptian Shaabi Dance Workshop</b> Mixed Level Men welcome <b>Fifi Ness</b> 14D
8:00pm - 10:00pm with interval LIVE PERFORMANCE <b>Sisters of Isha</b> <b>Michaella with Teachers &amp; Performers</b>		

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Michaella Bellydance Productions presents London Belly Dance Festival Cockpit Theatre, London NW8		
DAY TWO - Workshops		
<b>8C Dancing the Chakras (2hrs) Lillee</b> This workshop is a journey to your inner goddess, to the internal belly where feminine power resides. Chakra Belly Dance emphasizes flow, freestyle movement and guided meditation to create a unique holistic experience. When energy flows smoothly through the chakras, the body's essential vitality increases.		
<b>9C Tribal Fusion (2hrs) Storm</b> In this open class we will learn some basics and some groovy new moves from the U.S.A. and Europe. This class is suitable for all levels but it would be helpful if you know the basics of belly dance.		
<b>10C Drum Workshop for Musicians (2hrs) Aly</b> A class for all levels for you to learn the techniques and rhythms of the drum.		
<b>11D Veil Workshop (2hrs) Fifi Ness</b> Here you will learn how to use the normal veil, to feel the music and the dance 'from the heart'.		
<b>12D Choreography Workshop (2hrs) Natacha Atlas</b> Natacha will teach the choreography that goes with one of her songs.		
<b>13C Drum Solo Workshop (2hrs) Michaella</b> We will learn how to dance and improvise with the live drum of Aly, to recognise the Egyptian rhythms, to count the beats and explore together the different ways of interpreting by live dance improvisation.		
<b>14D Shaabi Workshop (1 1/2 hrs) Fifi Ness</b> In this workshop, for all levels (and men too), you will learn to dance to contemporary Egyptian music, such as Hakim, in the more masculine shaabi style - the 'dance of the people'. It's a more aerobic, more rhythmic experience, but also working between melody and rhythm.		

♦ 'Mixed Level' means a minimum of one year's experience.  
 ♦ 'All Levels' includes complete beginners.

## How to get to the festival

**Cockpit Theatre**  
 Gateforth Street, London NW8 8EH  
<http://cockpittheatre.org.uk>

**Underground** Edgware Road and Marylebone (Bakerloo Line) and Edgware Road (District, Circle and Hammersmith & City Lines)  
**Bus** 6, 16, 18, 98, 139 and 414  
**Rail** Paddington and Marylebone rail stations

If you get lost, ask for "Alfie's Antiques", which is just opposite Gateforth Street.



No vehicle access to theatre via Church St on Saturdays. Use Plympton St, Salisbury St and Samford St. The Cockpit Theatre is owned and funded by City of Westminster College.



This dance festival has been principally funded by the National Lottery through Awards for All.

ΣΑΤΟΥΡΔΑΥ 12ΤΗ ΑΠΡΙΛ &  
 ΣΥΝΔΕΛΥ 13ΤΗ ΑΠΡΙΛ 2008  
 cockpit theatre, london nw8



London  
 Belly Dance Festival

2-day belly dance extravaganza featuring  
**Fifi Ness, Natacha Atlas, Storm, Vashti, Lillee & Michaella**  
 and other stars from the world of belly dance

## our vision for the festival

Enter the fascinating world of belly dance. Hosting international belly dance artists from across the discipline, we bring together groundbreaking artists, dancers, thinkers and anyone who enjoys rhythms and dance.

The festival will host belly dance workshops for girls, mothers, professional dancers and beginners. We hope some of you will show "your thing" in the bar at intervals throughout the day, too. Lectures are free if you come to at least one workshop or performance. There will also be a bazaar selling belly dance costumes and accessories, music and other exotic items and a henna tattooist. A fully-stocked bar is open all day and evening. There will be light snacks available but you may want to bring a pack lunch.

With the promise of two thrilling evening performances we expect this to be a really special event.

## belly dance



## conceived & produced by

*Michaella* Principal dancer and choreographer of the Festival.

A leading belly dance artist and teacher, specialising in classical Egyptian styles. She immersed herself in the dance form from an early age, studying with a wide array of master teachers from around the world. Trained in classical ballet and folk dance. She appears regularly at festivals, events including the Turkish Festival, the Spirit of Camden, Rise Festival and the V&A London Fashion Week. She has also appeared with renowned Daghdha Dance Company.

Michaella is the Director of her own dance group, with whom she has choreographed and staged innovative productions. Michaella collaborates with leading artists from the oriental dance, fusion, classical, folk and vocal world and to push the boundaries of the art of belly dance.

is an art form transcending the barriers of language and culture

## ARTISTIC DIRECTOR

*Daniel Vais* A leading choreographer and art director, born in Israel, now lives and works in London and Ireland. He has shown work in theatres, festivals and galleries across Europe, creating dance performances, installations, films, art events and festivals.

## teachers & performers

*Fifi Ness* Based in Israel and leading figure in the belly dance world as a dancer, a remarkable teacher and folklorist. Of Egyptian origin, Fifi moves naturally with the rhythms of the Saidi style, and sings the lyrics of the songs by heart.

*Natacha Atlas* Born in Belgium, she is a world-renowned singer and recording artist known for her fusion of Arabic and North African music with Western electronic music. Her art is influenced by many styles including Arabesque music, drum

'n' bass and reggae. Natacha is currently performing on a worldwide tour, most recently in Los Angeles.



Fifi Ness



Storm



Natacha Atlas



Eser



Liliee



Vashti

*Liliee* is an experienced belly dance teacher and performer, specializing in the therapeutic and spiritual aspects of belly dance. Liliee is a qualified and registered Integrated Art Psychotherapist and healer.

*Storm* is one of the UK's most experienced belly dance teachers, specializing in Tribal Fusion and Gothic Tribal Fusion. She has recently appeared at Brighton Orient, Bodies & Beats, Belly Wiggles and the JAG Dance Academy. Storm is also a second degree Reiki Healer and Tarot Card Reader.

*Vashti* has appeared as an Oriental Dancer in 31 countries. She has made a speciality of teaching the dances of North Africa and the Middle East and has given workshops and seminars in the UK, Europe, the USA and Brazil.

*Eser* Dr Eser Ebcin collaborates with major recording artists from around the world, both live and in the studio. He is currently touring with the Natacha Atlas band. Eser's future projects include a musical production in the West End and Broadway. He performs at this Festival for the first time with his band, BOSforUS.

*Anil* London-born Anil Gocen, a graduate of the Istanbul state conservatory, is an arranger and composer with a background in classical Turkish music, and is co-founder of the London studio, Unit 71, Anil is currently working on film scores and advertising jingles globally.

*Aly* Aly El Minyaw, son of the renowned Ibrahim El Minyaw, is a percussion virtuoso who brings the energy, flamboyance and mysticism of the east to his stage performances. His has appeared with leading artists including the singer/songwriter Natacha Atlas. Aly has also collaborated in the studio with mainstream bands such as Coldplay.

## price codes for individual workshops & lectures

Price Code	Full Price	Concessions	Events
A	£10	-	Children's Workshop
B	£15	£12.50	Mothers' Workshop
C	£20	£15	All Other Workshops (Price per workshop, see programme for coding)
D	£25	-	

**Example** To complete the booking form write all the code(s) in the Sat or Sun boxes and just add together the costs for different codes:

1A (Children's Workshop on Saturday) £10  
 + 1B (Mother's Workshop on Saturday) +£15  
 + 13C (Drum Workshop on Sunday) +£20  
 Sat **1A, 1B** Sun **13C** = **£45**

## ADVANCE SALES & RESERVATIONS

Payments may be made electronically or by post. Concessions may only be applied for by post or at the door. All payments will be confirmed by post with your workshop and/or performance tickets.

**Electronic Payments** To ensure your place in the workshops and other events of your choice, please visit [www.michaellabellydance.co.uk](http://www.michaellabellydance.co.uk), where you will be able to select from a menu of options and make your payment by debit or credit card through **Google Checkout** or **Paypal**.

**Payment by Post** Alternatively you may complete the booking form in this brochure and send it together with your payment (cheque preferred) payable to **Michaella Bellydance Productions** to the following address:

**Michaella Bellydance Productions**  
**Prime Secretarial**  
**483 Green Lanes**  
**London**  
**N13 4BS**

## Performance Reservations

To reserve tickets for the performances only on Saturday 12 April and/or Sunday 13 April, please call **020 7258 2925** then press **1** when prompted.

This is an automated phone system that takes details of unpaid ticket reservations.

Your tickets will be available to be collected and paid for on the door from one hour before the show. **Concessions will need to show proof (student card, etc).**

## booking form

Please complete the appropriate sections and boxes CLEARLY and in BLOCK CAPITALS. Please send a stamped addressed envelope (SAE) with the form below, and a non-refundable cheque/PO payable to **Michaella Bellydance Productions** and send to:

**Michaella Bellydance Productions,**  
**Prime Secretarial, 483 Green Lanes,**  
**London N13 4BS**

Name

Email

Address

Tel/Mobile

- ♦ **Full day package** including all workshops, lectures and evening performances:  
 £50/day, £90/both days Sat  Sun
- ♦ **Full day workshops only:**  
 £40/day, £70/both days Sat  Sun   
*Please note there are no concessionary rates for packages.*
- ♦ **Evening performances only:**  
 £15 each Sat  Sun   
*Concessionary rate for performances £12.50.*

♦ **Individual workshops or lectures.** Please enter code(s) from programme:

Sat  Sun

I enclose a cheque/PO: £

Signed  Date